



# FOOD TOWN

Grocery List - Print This List & Select The Items You Need.

## FRESH VEGETABLES

- Asparagus
- Beets
- Broccoli
- Cauliflower
- Carrots
- Celery
- Corn
- Cucumbers
- Greens
- Lettuce
- Mushrooms
- Onions
- Peppers
- Potatoes
- Spinach
- Sprouts
- Squash
- Tomatoes
- Zucchini
- Other \_\_\_\_\_
- Other \_\_\_\_\_

## FRESH FRUITS

- Apples
- Avocados
- Bananas
- Berries
- Cherries
- Grapes
- Kiwis
- Lemons/Limes
- Melons
- Oranges

## HERBS/SPICES

- Basil
- Black Pepper
- Cilantro
- Garlic

- Cinnamon
- Garlic
- Oregano
- Parsley
- Red Pepper
- Salt
- Spice Mix
- Other \_\_\_\_\_
- Other \_\_\_\_\_

## BAKING

- Vanilla Extract
- Sugar
- Flour
- Shortening
- Honey
- Jelly/Preserves
- Ketchup
- Lemon/Lime Juice
- Mac & Cheese
- Mayonnaise
- Mustard
- Pancake/Waffle
- Pasta
- Peanut Butter
- Ramen
- Soda Pop
- Tea
- Rice
- Other \_\_\_\_\_
- Other \_\_\_\_\_

## FROZEN

- Burritos
- Dessert
- Fish Sticks
- Ice Cream
- Juices
- Pizzas

- Popcicles
- Fries/Tater Tots
- TV Dinners
- Vegetables
- Veggie Burgers
- Other \_\_\_\_\_

## MEAT

- Bacon
- Beef
- Chicken
- Ground Beef
- Ground Turkey
- Ham
- Hot Dogs
- Lunchmeat
- Pork
- Sausage
- Steak
- Turkey
- Other \_\_\_\_\_

## SNACKS

- Candy
- Cookies
- Dried Fruit
- Granola Bars
- Gum
- Nuts
- Popcorn
- Potato Chips
- Pudding
- Pretzels
- Tortilla Chips
- Other \_\_\_\_\_

## PERSONAL CARE

- Antiperspirant
- Bath Soap
- Conditioner

- Cosmetics
- Deodorant
- Facial Cleaner
- Facial Tissue
- Feminine Products
- Floss
- Hair gel/spray
- Hand Soap
- Lip Balm
- Moisturizing Lotion
- Mouthwash
- Q-Tips
- Toilet Paper

## CLEANING PRODUCT

- Air Freshener
- Bathroom Cleaner
- Bleach
- Dishwasher/soap
- Dryer Sheets
- Fabric Softener
- Floor Cleaner
- Garbage Bags
- Glass Cleaner
- Laundry Detergant
- Oven Cleaner
- Paper Towels
- Sponges
- Other \_\_\_\_\_

## OTHER ITEMS

- Batteries
- Candles
- Charcoal
- Insect Repellent
- Insecticides
- Light Bulbs
- Magazine/News
- Sunscreen
- Bottled Water